

#### Inside this Issue

- R.I.P. Tina D. Step 10 10<sup>th</sup> Tradition
- Daily Reflections
  Concept X
  Quotable Quotes
  Word Game
- Business Meetings
  Coming Events
  From As Bill Sees It

Manager's Report

AV Intergroup of AA 43619 N. 17<sup>th</sup> Street West, Suite 106 Lancaster, CA 93534 661-945-5757

Central Office Web Site: www.avcentraloffice.org Central Office Email: avcentraloffice@gmail.com

17th Street West / Avenue K

Email Scoop submissions: Stephanie S. email: Sides.stephanie79@gmail.com Please, 500 words or less

# The Scoop

#### **R.I.P.**

Tina D. died in a car wreck on Tues. Sept. 4, 2018. She will be missed. She was 16 years sober. Our prayers are with her family!

### **Step 10**

"Continued to take personal inventory and when we were wrong promptly admitted it."

As we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our A.A. way of living to practical use, day by day, in fair weather or foul. Then comes the acid test: can we stay sober, keep in emotional balance, and live to good purpose under all conditions.

A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us. We alcoholics have learned this the hard way. More experienced people, of course, in all times

and places have practiced unsparing self-survey and criticism. For the wise have always known that no one can make much of his life until self-searching becomes a regular habit, until he is able to admit and accept what he finds, and until he patiently and persistently tries to correct what is wrong.

## The 10th Tradition

"Alcoholics
Anonymous has no
opinion on outside
issues; hence the A. A.
name ought never be
drawn into public
controversy."

Never since it began has Alcoholics Anonymous been divided by a major controversial issue. Nor has our Fellowship ever publicly taken sides on any question in an embattled world. This, however, has been no earned virtue. It could almost be said that we were born with it, for as one oldtimer recently declared, "Practically never have I heard a heated religious, political, or reform argument among A. A members. So long as we don't argue these matters privately, it's a cinch we never shall publicly."

### Daily Reflections excerpt on the 10th Step

#### **Daily Monitoring**

Continued to take personal inventory.... 12 Steps & 12 Traditions, p. 88

The spiritual axiom referred to in the Tenth Step – "every time we are disturbed, no matter what the cause, there is something wrong with us"—also tells me that there are no exceptions to it. No matter how unreasonable others may seem, I am responsible for not reacting negatively. Regardless of what is happening around me I will always have the prerogative, and the responsibility, of choosing what happens within me. I am the creator of my own reality.

When I take my daily inventory, I know that I must stop judging others. If I judge others, I am probably judging myself. Whoever is upsetting me most is my best teacher. I have much to learn from him or her, and in my heart, I should thank that person.

#### **Concept X**

Every service responsibility should be matched by an equal service authority with the scope of such authority well defined.

### Winners of the Central Office Birthday Raffle

July winner: Dano B..

Drop into Central Office during your birthday month and get your ticket for your free Birthday Raffle.

### Quotable Quotes

Collected by Dano B.

So far today, I'm not agitated, but I haven't left the mountaintop yet. *Fred H.* 

I drink and I pull the whole house down.

I renovate houses and now I've renovated my life. Joe

A.A. does bring the dead back to life. *Lupe* 

Character is something you do when no one is watching. *Larry* 

When I came into A.A., I was disarmed when I was treated with curiosity, respect and appreciation,

Blame is not a conversation.

The truth makes my eyes water. *Rob* 

God's favorite thing is to hear a stranger voice.

I would have followed that bottle right off a cliff.

God gave me the opportunity to get here and I don't want to take that for granted. *Debbie H.* 

#### Word Game

PURPOSE, PRAYER, SOBRIETY, SPONSORSHIP, WILLINGNESS, SPIRITUALITY, VIGILANCE, SERENITY, UNIQUENESS, TRUSTED, SERVANTS, PROGRESS, SURRENDER, REALITY, SERVICE, SLIPS, UNITY, SANITY, TIME

S	A	E	L	T	R	U	S	T	$\mathbf{E}$	D	N	I	S
S	E	R	V	I	C	E	T	G	N	E	P	S	P
P	S	P	I	H	S	R	0	S	N	O	P	S	I
T	I	M	E	R	Y	H	N	E	N	S	S	E	R
P	I	S	E	U	T	0	R	E	I	U	S	N	I
R	P	P	S	N	I	U	E	S	L	R	$\mathbf{E}$	G	T
A	R	P	E	I	N	S	A	0	Y	R	N	N	U
Y	0	U	R	T	E	S	L	B	T	$\mathbf{E}$	$\mathbf{E}$	I	A
E	G	R	V	Y	R	L	I	R	I	N	U	L	L
R	R	P	A	P	E	I	T	I	N	D	Q	L	I
P	E	0	N	S	S	P	Y	E	A	E	I	I	T
S	S	S	T	A	L	S	E	T	S	R	N	$\mathbf{W}$	Y
P	S	E	S	E	I	L	E	Y	I	R	U	L	S
$\mathbf{G}$	$\mathbf{V}$	I	G	I	L	A	N	C	$\mathbf{E}$	T	N	S	I

#### Quotable Quotes continued

The Creator doesn't want you to leave without Him.

#### **Business meetings**

**A.V. Intergroup**: 1st Thursday of each month at 7pm at Central Office, 43619 17th Street West, Suite 106, Lancaster

**District 7 (General Service):** 

2<sup>nd</sup> Saturday of each month at 9am at the Agua Duce Women's Club, 33201 Agua Dulce Canyon Road, Agua Dulce (link located on AV web site)

**H&I:** 2<sup>nd</sup> Sunday of each month at 10am at the Alano Club 104 E. Ave K-4, Suite J, Lancaster (Orientation at 9:30am for newcomers.) (link located on AV web site)

#### **Coming Events**

#### **Local Events**

Sorry – no local evens are listed for October or November.

Please check the website later for more information.

#### Other So. Cal Events

Sorry – no other So Cal events are listed for October. Please check the website later for more information

31st Inland Empire Convention Nov 9, 2018, ends Nov 11, 2018 285 E. Hospitality Lane (Doubletree) San Bernardino, cost \$20

For additional info, go to: www.avcentraloffice.org

Show your gratitude, contribute \$1 to Central Office on your sobriety birthday for each year you have been sober.

#### From As Bill Sees It

#### Light from a Prayer

"God grant us the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference."

We treasure our "Serenity Prayer" because it brings a new light to us that can dissipate our oldtime and nearly fatal habit of fooling ourselves.

In the radiance of this prayer we see that defeat, rightly accepted, need be no disaster. We now know that we do not have to run away, nor ought we again try to overcome adversity by still another bulldozing power drive that can only push up obstacles before us faster than they can be taken down. *Grapevine, March* 1962

#### Foundation for Life

We discover that we receive guidance for our lives to just about the extent that we stop making demands upon God to give it to us on order and on our terms. 12 & 12, p. 104

In praying, we ask simply that throughout the day God place in us the best understanding of His will that we can have for that day, and that we be given the grace by which we may carry it out. 12 & 12, p. 102

There is a direct linkage among self-examination, mediation, and prayer. Taken separately, these practices can bring much relief and benefit. But when they are logically related and interwoven the result is an unshakable foundation for life. 12 & 12, p. 98

#### Seeking Guidance

"Man is supposed to think, and act. He wasn't made in God's image to be an automaton.

"My own formula along this line runs as follows: First, think through every situation pro and con praying meanwhile that I be not influenced by ego considerations. Affirm that I would like to do God's will.

"Then, having turned the problem over in this fashion and getting no conclusive or compelling answer, I wait for further guidance, which may come into the mind directly or through other people or through circumstances.

"If I feel I can't wait, and still get no definite indication, I repeat the first measure several times, try to pick out the best course, and then proceed to act. I know if I am wrong, the heavens won't fall. A lesson will be learned, in any case." B.W. letter 1950

#### I Am Responsible

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Declaration of 30<sup>th</sup> Anniversary International Convention 1965

#### October 2018 Office Manager Report Jan - Aug '18 Sep '18 YTD Total Sales of Goods \$34,769.27 \$3,792.73 \$38,562.00 Expenses (\$30,012.95) (\$2,974.24) (\$32,987.19 Cost of Goods (\$26,035.80) (\$1,418.06) (\$27,453.86) Contributions \$15,910.96 \$2,047.80 \$17,958.76 **Net Income** (\$5,368.52) \$1,448.23 (\$3,920.29 10/8/2015 10/2/2014 **Contributions** Denise M Terry K Rick M 10/28/2003 10/1/2002 Shavlin M 10/18/2002 Group A Gathering of Women Jan - Aug '18 Sep '18 10/16/2012 2018 Total \$50.00 Adrienne R Spike H 16 \$50.00 10/11/2012 10/19/2012 10/29/2001 10/22/2001 Julie W Alano Club \$0.00 \$0.00 Scott E <u>Sean C</u> AM Mod \$2,589.88 \$424.43 10/29/2011 10/10/2000 10/22/2000 \$3,014.3 Debbie I Colleen J 18 \$876.83 \$138.22 1,015.05 10/28/2011 Anonymous Gary G. Ken C 10/17/2000 Any Lengths Group \$0.00 Mitchell ( 10/15/2011 Mary D **\$0.00** Arbor Court AV Hospital - Rm #CR101 \$120.00 \$120.00 10/13/2010 Mimi G 10/22/2000 Christina ( 10/1/2010 10/15/2010 10/23/2010 10/20/1997 \$100.00 \$100.00 Raymond H David Y Carmen I Jim C. \$170.00 10/15/1996 10/17/1996 AV Men's Stag \$989.04 \$1,159.04 \$673.78 John M AV Round-Up \$0.00 \$673.78 Michael I AVYPBYOC 10/30/2010 \$62.50 \$62.50 Sue B 10/16/1996 Omar 10/4/1996 Birthday \$229.00 \$115.00 \$344.00 Robert R 10/17/2010 Terry ( Cal City Clubhouse 10/5/2009 10/21/2009 10/28/2009 \$0.00 \$0.00 Ginni F.D 10/22/1995 Craig M. Clubhouse Meeting \$57.00 \$320.00 Andra M 10/7/1994 \$57.00 Fran Crown Valley Grp \$320.00 10/28/1994 Jennifer H Tori B. 10/28/2009 10/11/2009 10/23/2009 10/12/1993 10/22/1993 Gathering of Women \$50.00 \$50.00 Jenny R Jon B. \$0.00 \$0.00 Robin W Marty C High Desert BB Grp 10/3/2009 10/1/1993 1,729.23\$1,729.23 Shannon D Michele I \$0.00 26 27 High Desert Hospital \$0.00 10/11/2009 Dave S 10/1/1992 Nancy B. 10/1/2009 10/19/2008 10/14/2008 Gary W Intergroup Fundraisers \$1,031.00 \$1,031.00 Samantha M. 10/25/1991 10/17/1991 10/15/1991 Into Action Lake Hughes Men's Stag \$186.00 \$186.00 Judy Y lames K \$60.00 \$120.00 \$180.00 <u>Jerry B.</u> 10 Linda F Lake Hughes Friday Night \$0.00 \$0.00 10/7/2008 10/3/1990 Bob H Joe A 10 Lake Hughes Monday Night \$0.00 10/31/2008 10/10/1990 \$0.00 Nancy A Chuck 10/3/2008 10/7/2008 10/20/2008 10/11/2008 10/11/2007 Little Red Book \$0.00 10/16/1990 \$0.00 Ryan A. David L \$1,380.23 Mid-Day Mod \$268.37 **\$**1 ,648.60 10/6/1990 Sean B Ken ( \$0.00 \$0.00 \$1,002.56 New Beginnings \$0.00 10 10/3/1990 *Virginia* Stan U Open Door Will F 10/2/1988 10/23/1988 \$0.00 \$1,020.56 10 Craig C Pat J. 30 Palmdale Grp \$18.00 30 Brvan 10/19/1987 Pearblossom Grp \$843.01 \$843.01 elipe R 10/6/2007 Kevin S 11 PM Mod \$78.39 \$78.39 Gary S 10/31/1987 Randy F Quartz Hill Unity Grp 10/23/2007 10/2/2007 10/1/1987 10/23/1986 10/15/1986 \$660.90 \$120.00 \$780.90 Jason F Stacy W Rainbow Grp Rosamond Sun Night \$8.49 \$98.39 \$8.49 \$98.39 ohnny B Jim B 10/26/2007 10/15/2007 Michelle J 11 Roger W 10/14/1985 10/29/1983 Rule 62 Grp \$260.00 \$260.00 Mike M. 11 David P Sat AM Men's Stag 10/14/2007 35 \$0.00 \$0.00 Mike W 11 Eileen SCV Sun Night Spkr \$0.00 10/17/2007 10/25/2007 \$0.00 Betty W 10/6/1983 Soncherray Spiritual Sunday - Alano \$30.00 \$30.00 10/25/1983 Steve F Bob B 10/13/2005 10/25/2005 10/21/2005 Step Workshop Mtg \$0.00 \$0.00 Barbara S Brent F 10/16/1983 <u>35</u> 10/6/1983 10/12/1983 \$15.00 35 35 Sun Night BBS \$15.00 Mike I Gary W Thurs Night BBS @ Alano \$0.00 Stephanie S Dan G. \$0.00 Stacy S 10/5/2004 10/10/1980 10/23/1980 We Care Grp \$0.00 \$0.00 Chervl B 14 Wed Night BBS @ Grange \$271.56 \$271.56 10/24/2004 Tim D. Morgan J Westside Grp 10/21/2003 10/18/1978 Brian W Danny M. 10/18/2003 10/2/2003 10/30/2003 10/5/2003 Women in Progress \$0.00 \$0.00 Willy B. 10/9/1978 40 Francis F Women in Recovery Debbie R Peggy D. Bill P. \$20.00 \$275.00 10/4/1976 10/3/1975 \$20.00 John E Women Seeking Serenity \$275.00 Johnny F 10/6/1974 Kathy B Michele S Ed Reel Get your groups birthday list to Central Office . . . That's how they appear here! TOTALS **\$13,394.01** | **\$2,047.80** | **\$15,441.81** Total Years 2,034

#### Managers Corner

Your Intergroup office is striving towards fulfilling our Primary Purpose of helping the suffering alcoholic. We are not able to do this without your generous contributions. Collectively we say, "I Am Responsible"! We are asking all groups to encourage members to step up to the 7th Tradition Challenge . . . if you don't know what this is contact the office and get a flyer.

Thanks to all!!

Thank You Saturday Volunteers!		Don't forget to visit us on the Web!
1st ~ Larry W. & Juan A.		
2nd ~ Wendy W. & Michaela O.		
3rd ~ Stepnanie S. & Karen	Socon A	
4th ~ Debbie L. & Martin L.	Scoop 4	首都與
5th ~ Christine F. & Chris T.		(E.) (A.)